A Functional Combination of ORTHOSES

Hyperextension Knee Orthosis

An Allard Dynamic Response AFO

Choose from any model of:

- Ypsilon®
- ToeOFF® (pictured)
- BlueROCKER®
Functional and Patient Friendly Hyperextension Control Knee Orthosis

- Effective hyperextension control with or without an AFO!
- The only HYPEREXTENSION KNEE ORTHOSIS designed specifically to be worn with an Allard AFO!

- Self-contouring condylar shells
- Anatomically shaped patella opening with silicone buttress
- Adjustable ROM stops
- Flexion: 45°, 60°, 75°, 90°
- Extension: 10°, 20°, 30°, 40°
- Pre-flexed anatomical shape fits the contours of the leg to provide comfortable fit under the AFO
- Wide lower strap prevents the rigid uprights from moving backwards as hyperextension resistance is adjusted
- Anatomically shaped reinforcement stays provide guidance for user to properly align the support
- Amount of hyperextension resistance is easily adjusted with one hand
- Silicone band strategically placed to prevent migration
What makes CROSS™ patient friendly?

Ease of Donning and Comfort

• Unique construction of the wide upper cuff keeps the orthosis open so foot and leg slide easily into the brace.

• User can easily grasp the wide cuff and pull orthosis up and adjust so patella opening is properly located over the knee.

Ultra-smooth low friction liner with no visible seams

• Provides protective "layer" between the outer material and the skin

• Helps prevent skin irritations

• Helps orthosis glide easily over the foot and up over the knee

One-Hand Donning

The unique CROSS™ donning aid, included with each CROSS™ orthosis, makes it possible for:

• Users with limited balance to don the orthosis by themselves while in the seated position.

• Users with hemiplegia or limited hand dexterity to apply with one hand.

How the Donning Aid is Used

• The donning aid is easily inserted into an opening in the posterior semi-rigid thigh cuff (location easily identified with a grey binding tape).

• When all straps are released, the orthosis is pulled on with the hyperextension strap facing front.

• Once the sleeve is pulled over the foot, the smooth fabric liner makes it easy to turn the orthosis and pull up the leg until the patella opening is properly located over the knee.
CROSS™ is intended for mild to moderate knee hyperextension due to neuromuscular diseases or other injuries. The orthosis can also be used together with Allard AFOs when knee hyperextension is present together with foot drop.

Measurements are for guidance only; focus on the mid-patella measurement and try to find the range that fits best.

<table>
<thead>
<tr>
<th>Item no.</th>
<th>Description</th>
<th>Size</th>
<th>Circumference 15cm (6”) below mid-patella</th>
<th>Circumference mid-patella</th>
<th>Circumference 15cm (6”) above mid-patella</th>
</tr>
</thead>
<tbody>
<tr>
<td>28715 0011</td>
<td>Knee orthosis</td>
<td>Small</td>
<td>32-37cm (13-15”)</td>
<td>32-37cm (13-15”)</td>
<td>39.44cm (15¾-17¾“)</td>
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<tr>
<td>28715 0012</td>
<td>Knee orthosis</td>
<td>Medium</td>
<td>36-41cm (14-16”)</td>
<td>36-41cm (14-16”)</td>
<td>43-48cm (17-19”)</td>
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<tr>
<td>28715 0013</td>
<td>Knee orthosis</td>
<td>Large</td>
<td>40-45cm (15¾-17¾“)</td>
<td>40-45cm (15¾-17¾“)</td>
<td>47-52cm (18½-20½“)</td>
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<tr>
<td>28715 0014</td>
<td>Knee orthosis</td>
<td>X-Large</td>
<td>44-49cm (17¾-19¾“)</td>
<td>44-49cm (17¾-19¾“)</td>
<td>51-57cm (20-22½“)</td>
</tr>
</tbody>
</table>

To meet varying patient needs, ask about Allard’s other Hyperextension Control Orthoses

**C.H.E.C.K.™ Stainless Steel**
When longer uprights are required to control the hyperextension.

**COMBO® Hyperextension KAFO**
When, due to deficits or size, a KAFO is required to control the hyperextension.