

# CSUS

by Allard USA



## VISSION OA KNEE ORTHOSIS

Rx Only — Single Patient Use Only



### User Instructions



**FEEL THE FUNCTION**

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*The intended function of this orthosis is to provide conservative orthotic management for the symptoms of mild to moderate unicompartmental osteoarthritis of the knee. Review instructions on the following pages carefully before application.*

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## Application Instructions



1. Loosen all four 2" straps. Remove 2" strap (covering thigh wrap) completely from lime green ring as shown. Open thigh wrap.



2. Make sure 1" grip tab is loosened. Pull brace onto leg. Remember the clear "Clis" cap MUST always be on side of leg opposite OA symptoms.



3. Grasp both uprights just below the hinges and continue pulling brace onto leg until knee cap seats comfortably through the opening.



4. Close thigh wrap until comfortably snug.



5. With knee extended, push down on hinges, making certain they are slightly behind center of knee and uprights are in full extension as shown.



6. Release back 2" calf strap. Pull until snug (do not over-tighten) and secure in position.



7. Repeat with back 2" thigh strap as shown.



8. Repeat with front 2" shin strap.



9. Feed 2" front thigh strap through green ring and pull until comfortably snug and fasten.



10. Extend knee and reposition hinges again (as shown in Instruction #5).



11. Adjust all four 2" straps as needed to achieve optimum midline alignment as shown.



12. With knee in full extension, adjust 1" counterforce strap and gently pull until sufficient decrease of OA symptoms. Do not over-tighten.



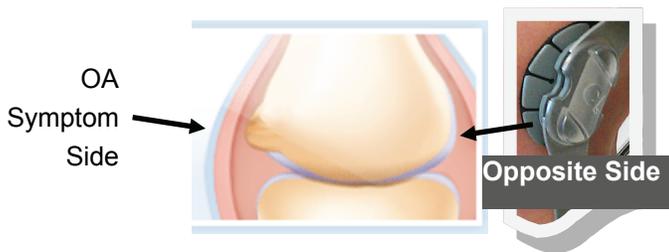
**Application Tip:**

To allow brace to settle properly into place, pull brace on initially so top of the front opening is about 1/2" above knee cap.



**Quick Fit Tip:**

When removing brace, leave both 2" back straps in place. Loosen 1" counterforce strap and shin strap. Remove 2" front thigh strap from lime green ring and open thigh wrap as shown.



**IMPORTANT:** Your VISSION OA KNEE ORTHOSIS comes pre-assembled with two hinges. Make certain the hinge with the clear "Clis" cap (counterforce strap guide) is located on the side OPPOSITE the OA knee symptoms.

**INDICATIONS / INTENDED USE**

- Mild to moderate unicompartmental osteoarthritis of the knee.
- Post-op, rehab and functional support, plus unloading for protocols requiring reduced medial or lateral knee joint loads during recovery.
- Mild to moderate knee ligament instabilities combined with symptoms of unicompartmental osteoarthritis.

**CONTRAINDICATIONS**

- Bicompartamental and tricompartmental osteoarthritis of the knee.
- Knees with injury or chronic stretch of the collateral ligament on the opposite side of the unicompartmental osteoarthritis.

**ADJUSTMENT**

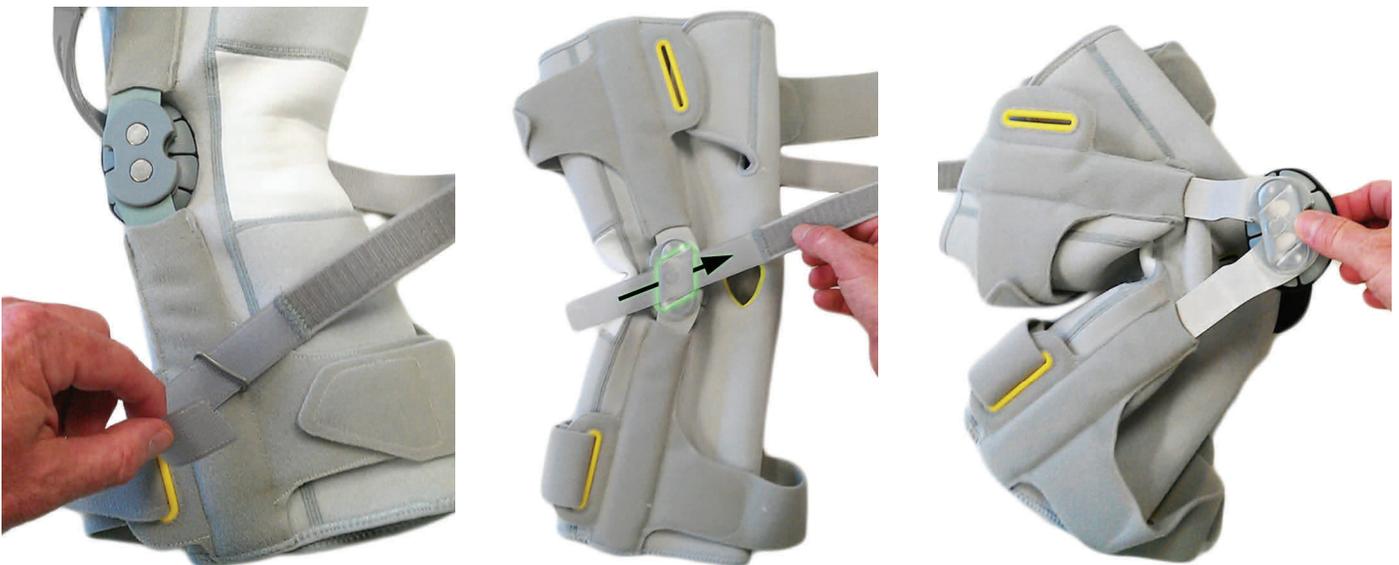
This brace should only be fitted by a licensed medical professional.

**WARNING**

Do not overuse brace as this can cause skin irritation. Check skin on a daily basis. If any adverse findings are found, remove brace immediately and report to a medical professional.

**WASH INSTRUCTIONS**

Completely remove 1" counterforce strap and both sets of uprights as shown below. Hand wash in cold water using mild detergent. Air dry. Carefully replace both uprights making sure they are on the same side (clear "ClS" cap on side opposite OA symptoms) and positions as before disassembly. Feed 1" strap back through top gray ring, wrapping around front and through clear cap as shown. Finally, feed 1" strap through bottom gray ring and secure.





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