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CSUS By Allard USA

C|s

POST-OP KNEE BRACE
Rx Only - Single Patient Use Only

C|s

Instructions for Use



FEEL THE FUNCTION

The intended function of this brace is to offer immobilization and/or controlled range of motion rehabilitation to the knee joint post surgery. Review instructions on inside page carefully before application.

For questions, please contact your physician, the professional who fit this device or Allard USA Customer Service:

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Post-Op Knee Brace

A. Release all 4 buckles and hook closures, then open brace. With the drop lock at the top of the joint, hold the lateral side of the brace against the outside of the leg with hinge centered on knee (Fig 1).



B. Depress oval button and adjust thigh extension to desired length. Let oval button snap into closest opening. Repeat for calf extension length. (Fig 2) Match length of medial side to lateral side.



C. With lateral side still in place, wrap brace behind leg and locate medial side knee center. Fasten the 1st buckle below the hinge and pull strap end snug. (Fig 3) Remove hook tab on strap end and trim excess strap about 3” from buckle. Replace hook tab on strap end and secure. Continue with the 1st buckle above the hinge. Fasten and trim all remaining straps. Re-adjust straps for comfortable, snug fit.



ADJUST ROM HINGE

1. Locate the “lock” button above hinge and slide button away from hinge for free motion.
2. Extend hinge to desired position. Depress and move extension button until it stops. Release button.
3. Flex hinge to desired position. Depress and move flexion button until it stops. Release button.
4. Match flexion and extension settings on both sides.

ADJUST DROP LOCK

1. Locate the “lock” button above hinge and slide button away from hinge.
2. Pivot hinge to desired flexion angle (0° - 50°).
3. Slide “lock” button towards the hinge to secure. Match angle on both hinges.



Indications / Intended Use

Post-operative fixation and/or range of motion control. Short term stabilization after knee injury.

Contraindications

Unstable fractures or fractures of the proximal femur or the distal tibia or fibula.

Adjustment

This brace should only be fitted by a licensed medical professional.

Warning

Do not overtighten, as this can cause poor circulation and/or skin irritation. If you feel any irritation, observe skin discoloration, or experience other problems such as excess swelling, remove brace and consult your healthcare professional. Check skin on a daily basis.

Wash instruction

Hand wash in cold water using mild detergent. Air dry.