Indications / Intended Use

Moderate to severe ACL, MCL, LCL instabilities; ACL reconstructions; Rotational control; Hyperextension; Prophylactic.

Contraindications

Unstable fractures or fractures of the proximal femur or the distal tibia or fibula.

Adjustment

This brace should only be fitted by a licensed medical professional.

Warning

This brace is not designed to be worn over clothing. Do not overtighten brace. In case of pain, swelling, skin irritation or any unusal reaction, remove brace and consult medical professional.

Wash instruction

Wipe brace frame clean. Pads & straps can be removed for hand washing in mild detergent. Air dry.



Allard USA, Inc. 300 Forge Way, Suite 3 Rockaway, NJ 07866-2056 www.allardusa.com

Call Toll Free: 888-678-6548 Fax Toll Free: 800-289-0809



ACL KNEE BRACE

Cs

Instructions for Use

Rx Only — Single Patient Use Only



The intended function of this brace is to provide low-profile, functional support for moderate to severe ACL, MCL, and LCL instabilites. Review instructions on inside page carefully before application.

For questions, please contact your physician, the professional who fit this device or Allard USA Customer Service:

CALL: 888-678-6548 FAX: 800-289-0809 info@allardusa.com

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ACL Knee Brace

1. Undo all straps and step through brace. With leg slightly bent, center hinges 1 inch above top of kneecap. Push hinges slightly back behind midline of knee.





2. Start by attaching the first strap below the hinge in front as shown.

3. Next, attach the first strap below the hinge in back. Note that this is the primary suspension strap for the brace and therefore should be kept extra snug.





4. Continue by attaching the bottom strap in front.

5. Attach the top strap in back. Make sure brace does not twist on leg.



7. Finish by attaching the first strap above the hinge in back as shown. Make sure hinges are centered on knee re-adjust any straps as needed for snug, comfortable fit.



6. Attach the first strap above the hinge in front as shown.





Range of Motion Stops: Your brace comes with the 10° extension stop pre-installed. To change stops, remove hinge cover with screwdriver and insert stops as shown. Make sure both hinges have matching stops installed.