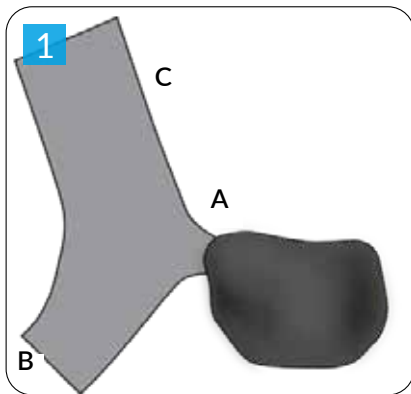


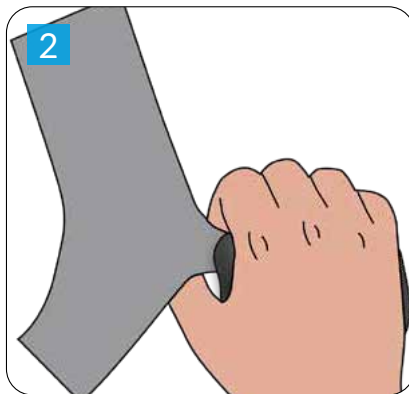
# Patient Guide S.O.T. Thumb Orthosis

## How to put on the orthosis

To ensure optimal function it is important that the cover is well adjusted. Attach the cover in sequences, keep the thumb section (1) attached from the start. Then attach 2 and 3, and if needed adjust 1. Finally adjust and make sure it fits comfortably.



Open the wide straps B & C and leave strap A at its position.



Put the hand on the support.



Pull the strap over the hand and attach strap 3 and then strap 2 on the Velcro on the inside of the support. Adjust strap A and B for comfort.

## How to take off the orthosis

For donning and doffing, after initial fitting, only open strap 3 on the ulnar side. Strap 3.



## Care instructions:

Wash the assembled product in a washing bag at 104°F (40°C), gentle cycle. Lay flat to dry.

The orthosis should be used: \_\_\_\_\_

\_\_\_\_\_

Things to consider: \_\_\_\_\_

\_\_\_\_\_

If any problem arises, please contact:

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

