

# CSUS

by Allard USA

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## NIGHT SPLINT

Rx Only — Single Patient Use Only

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### Instructions for Use



FEEL THE FUNCTION

*The intended function is to provide prolonged stretch to tight calf muscles during nighttime wear to help reduce daytime pain associated with plantar fasciitis, Achilles tendonitis, and other foot and ankle conditions. Review instructions on back page carefully before application.*

For questions, please contact your physician, the professional who fit this device or Allard USA Customer Service:

CALL: 888-678-6548      FAX: 800-289-0809  
info@allardusa.com

Allard USA, Inc. 300 Forge Way, Suite 3 Rockaway, NJ 07866-2056  
www.allardusa.com

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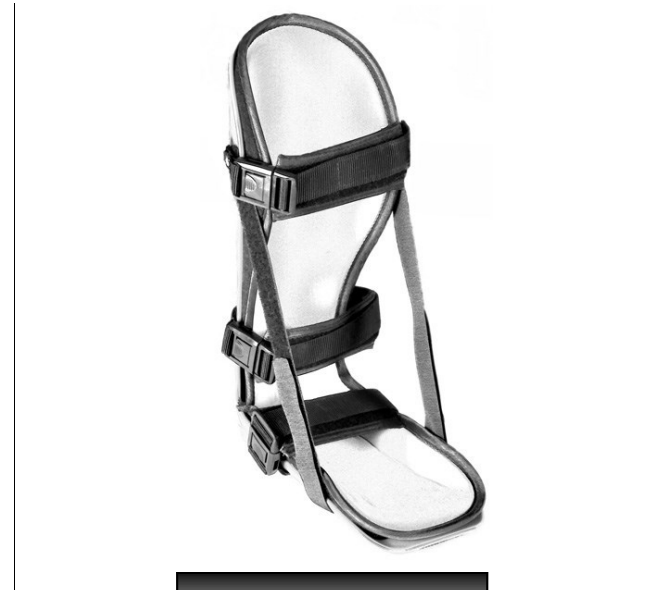
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FEEL THE FUNCTION

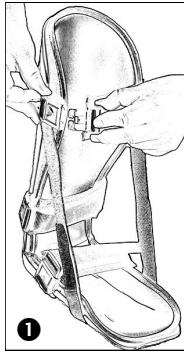
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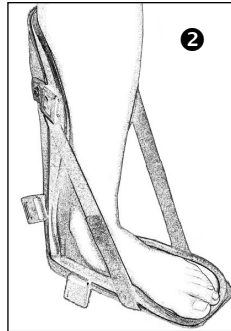
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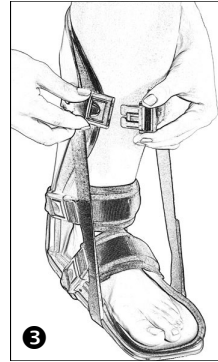
## Night Splint



1. Release all buckles.



2. Slide the affected foot into the splint so that the heel is seated all the way back. Toes should not hang over front edge.



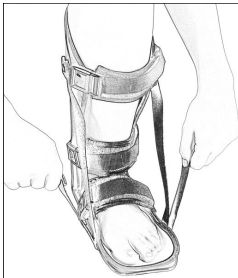
3. Attach all buckles and adjust straps for comfortable, snug, fit.

### Adjustment

(only if instructed by physician)

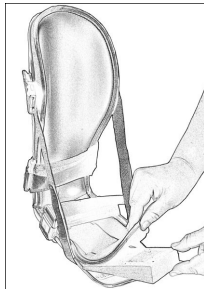
### Increase Stretch

Pull both diagonal straps as shown and secure hook closures. Reverse to decrease stretch.



### Foam Wedge

Lift foam liner and insert wedge under liner as shown. Ensure wedge is held in place by hook closures.



### Indications / Intended Use

Plantar fasciitis, Achilles tendonitis, Tendonitis.

### Contraindications

Plantar flexion contractures greater than 10°, severe spasticity.

### Warning

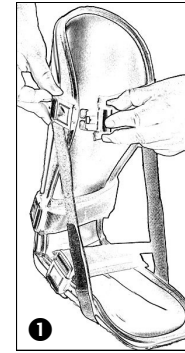
Do not overtighten, as this can cause poor circulation and/or skin irritation. If you feel any irritation, observe skin discoloration, or experience other problems such as excess swelling, remove splint and consult your healthcare professional. Check skin on a daily basis.

Do not walk or place weight on the foot while wearing splint.

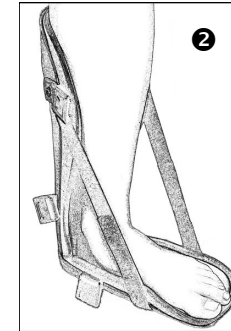
### Wash instruction

Hand wash in cold water using mild detergent. Air dry.

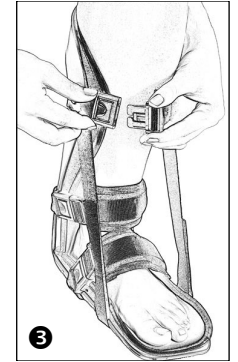
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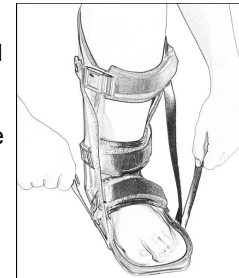
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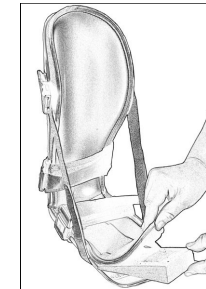
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