

THE ALL-NEW 8 STEPS FOR ToeOFF® Customization

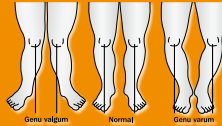
“Get The Alignment Right”

1 Product Selection. Decide how stable, based on patient needs.



5 Frontal Plane Alignment.

- With the patient standing safely in parallel bars, check their alignment with either a plumb line or square.
- Make accommodation on plantar surface of ToeOFF/BlueRocker using crepe or cork.



2 Correct Application, based on the following:

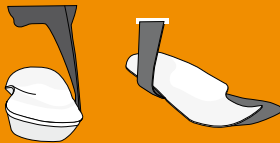
- Foot length
- Body weight
- Deficit type
- Activity level
- Spasticity

6 Adjust Floor Reaction.

- Add as little as 1/8" heel wedge
- *can be addressed in Step 4



3 Address Foot Biomechanics with foot orthotic shell or custom orthotics.

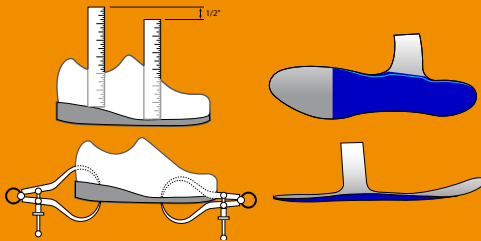


7 Alignment Before & after fitting.

- Slide foot plate forward or back in the shoe to distribute the pressure evenly across the tibia.



4 Choose Correct Footwear. Measure Heel Height!



- Accommodate heel height difference!
- *add crepe or cork rocker tapered from ball to heel

8 Patient Education. “Ten Commandments”

- | | |
|--|---|
| <p>DO's</p> <ul style="list-style-type: none"> • Use hand support ON Sit-to-Stand • Use SOCKS • Use SoftKIT ComfortKIT • Check SKIN on a daily basis • REPORT back to Practitioner | <p>DONT's</p> <ul style="list-style-type: none"> • Stairs-Ball of Foot • Check STRIDE length, if too long, shorten • SQUATS - not at all • FOOTWEAR - improper fitting • HIGH Temperatures - no heat guns |
|--|---|

HEEL HEIGHTS

BabyGAIT
 Large= 5/16" (8mm)
 Medium= 1/4" (7mm)
 Small= 1/4" (6mm)

KiddieGAIT
 Large= 3/8" (10mm)
 Medium= 3/8" (9mm)
 Small= 5/16" (8mm)

ToeOFF/BlueRocker
 Large= 5/8" (16mm)
 Medium= 9/16" (15mm)
 Small= 7/16" (12mm)

Step by Step Guide for CUSTOM ToeOFF/BlueRocker

Fitting & Product Selection

1 Evaluate Patient with standard ToeOFF/BlueRocker.

Establishes a baseline for altering the dynamic properties of a standard product.

Choose ToeOFF or BlueRocker based on Patient's height, weight, shoe size and proximal deficits.

Choose proper shoe. Measure Heel Height of Shoe. Accommodate ToeOFF/BlueRocker with heel/toe lift if necessary to match heel rise of ToeOFF/BlueRocker.



Shoe Selection

- Shank & counter
- Toe-to-heel
- Rocker sole
- Facilitate 3rd rocker

2 Capture the Patient model with Cast, Scan or Measurement

Cast:

1. Posterior/Medial Opening
2. Anterior & Lateral Plumb lines.

Scan:

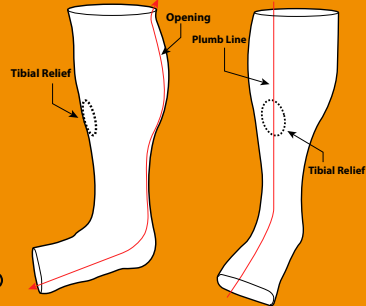
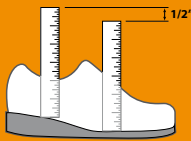
File extension type:(*.cxpxp or *.stl.)

Measurements:

1. Fill out pages 3, 4 & 5 Completely
2. Picture required.

3 Fill out Custom Forms Completely

Measure Heel Height of Shoe: Critical to get proper alignment of ToeOFF or BlueRocker. Either measure with a ruler or with calipers.



On order form - Address "Change M-L Stiffness", "Change A-P Stiffness", "Relief of Tibial Crest" and "Relief of OTHER Bony Prominences"

Easy as
1,2,3

Make sure custom forms
are filled out properly!

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